

Transition Resources and Supports Guide ([Spanish Version](#))

Webinars:



Autism Society of NC has pre-recorded webinars on these Transition topics and more:

- *Your Teen Turned 18* (this is the first half of Journey to Adulthood Workshop)
- *Navigating Services: Where and How to Get Help*
- *Autism Guardianship: What You Need to Know*
- *Residential Options for Adults with Autism*
- *Preparing for College Starts at Home*

ASNC Autism Webinars page: <https://www.autismsociety-nc.org/autism-webinars/>



CMS CTE webinar on post-secondary options of various trades, CPCC, military, healthcare, apprenticeships, and more

<https://youtu.be/yPvGM11naNQ>

Autism Speaks Toolkits:



Employment: <https://www.autismspeaks.org/sites/default/files/2018-08/Employment%20Tool%20Kit.pdf>

Transition: <https://www.autismspeaks.org/sites/default/files/2018-08/Transition%20Tool%20Kit.pdf>

Links to Community Resources:

<http://bit.ly/cmsECcommunityresources>



<https://www.mecknc.gov/HealthDepartment/CommunityHealthServices/Pages/CRG.aspx>





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General Transition Information:

<p><i>Guardianship</i> and Alternatives: Parents can begin the process at age 17 ½. The court documents can be found online completed, notarized and turned into the Clerk of Courts. https://www.nccourts.gov/help-topics/guardianship/guardianship</p>	<p>Alliance Health (800) 510-9132</p> <p>https://www.alliancehealthplan.org/</p> <p>NC Innovations Waiver and other services to support individuals with IDD and Mental Health needs. Call asap to get on the Registry of Unmet Needs (waitlist for Innovations waiver) and the waitlist for Residential supports.</p>
<p>Apply for Social Security online https://www.ssa.gov/applyfordisability/ or call 1.800.772.1213 You are automatically eligible for Medicaid when eligible for SSI. Apply for Medicaid through Department of Social Services 704.336.2273/704.336.3000 or https://ncgov.servicenowservices.com/sp_beneficiary?id=bnf_index</p>	<p>Individuals with <i>Medicaid</i> contact agencies directly to receive <i>B3 Services</i> (Respite, Community Guide, Supported Employment, In-home Skill Building, and Mental Health supports).</p> <p><i>A complete list of providers found at</i></p> <p>https://www.alliancehealthplan.org/members/find-a-provider/</p>

Vocational Rehabilitation- contact school specific counselor for employment supports

Social and Recreational Supports:

<p>Next Step Clubhouse (formerly The Exceptional Foundation) 980.272.7687 or https://www.nextstepclubhouse.org/</p> 	<p>Marion Diehl</p> <p>https://www.mecknc.gov/ParkandRec/Therapeutics/Programs/Pages/default.aspx</p> <p>*Email to be added to their TR Monthly Newsletter listing monthly social events for teens with disabilities</p> <p>TRInfo@MecklenburgCountyNC.gov</p>  <p>Mecklenburg County Park and Recreation</p>
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Skills Group of Charlotte 704-965-4614
<http://www.skillsgroupofcharlotte.net/>

Autism After 18 <https://autismafter18.org/>



Advocacy:

Disability Rights NC <https://disabilityrightsncc.org/>



Trusted Parents (980) 314-7066 or (980) 229-7253
<https://www.trustedparents.org/> provides supports and advocacy.



The CMS EC Parent Advisory Council has created the following online resources for families:
<https://cmsecpac.weebly.com/>



ARC of NC <https://www.arcnc.org/>



Transportation:

Travel Training- Disability Rights and Resources 704-537-0550 <https://disability-rights.org/services/#lets-all-go>



CATS Special Transportation Application (STS)
<http://charlottenc.gov/cats/para-transit/riding-para-transit/Pages/certification.aspx>



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Respite Providers: *informational purposes only, not a CMS Endorsement. **Contact Alliance Health for a complete list.

Raes Plaze 704-563-3334
<https://raewls.wixsite.com/rpadc>



Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



Developmental Disabilities Resources 704-573-9777
<http://www.ddrinc.org/>



Easter Seals 704-535-9171



The Kids Workshop 704-399-4045
<https://www.tkwinc.org/>



United Support Services 704-841-3544 <https://ussnc.org/services/>



United Support Services, Inc.

"The works of many coming together for the good of One"

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Supported Employment:

<p>Easter Seals 704-535-9171</p>  <p>The logo for Easter Seals UCP features a cluster of orange dots on the left, followed by the word "easterseals" in orange lowercase letters and "UCP" in blue uppercase letters to its right.</p>	<p>Nevins 704-596-1372 http://nevinsinc.org/</p>  <p>The Nevins logo consists of two green stylized human figures with their arms raised, forming a circle around the word "NEVINS" in black uppercase letters. Below this, the words "CREATING OPPORTUNITIES" are written in black uppercase letters.</p>
<p>Inreach 704-536-6661 https://inreachnc.org/</p>  <p>The Inreach logo features the word "INREACH" in large, bold, blue uppercase letters. Below it, the tagline "Empowering people with disabilities to live life their way" is written in a smaller, grey font.</p>	<p>Developmental Disabilities Resources 704-573-9777 http://www.ddrinc.org/</p>  <p>The logo for Developmental Disabilities Resources, Inc. includes a circular emblem with the letters "DDR" on the left. To the right, the text "Developmental Disabilities Resources, Inc." is displayed above the tagline "Dream Believe Achieve". The entire logo is set against a background of a green field and a tree.</p>
<p>United Support Services 704-841-3544 https://ussnc.org/services/</p>  <p>The United Support Services logo features a stylized human figure with arms raised, composed of red and blue lines. To the right, the text "United Support Services, Inc." is written in blue, with the tagline "The works of many coming together for the good of One" in a smaller black font below it.</p>	

Day Programs and Supports: **Contact Alliance Health for a complete list.

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Next Step Clubhouse (formerly The Exceptional Foundation) 980.272.7687 or <https://www.nextstepclubhouse.org/>



Carolina Family Alliance 704-536-9378 <https://carolinafamilyalliance.com/>



UMAR 704-348-0994 <https://umarinfo.com/>



Lifespan 704-944-5100 <https://www.lifespanservices.org/>



Raes Plaze 704-563-3334 <https://raewls.wixsite.com/rpadc>



Nevins 704-596-1372 <http://nevinsinc.org/>



Inreach 704-536-6661 <https://inreachnc.org/>



Champion House of Care 704-579-5230 <https://www.championhouseofcare.org/>



Post-Secondary Education for Students in OCS and Extensions Program:

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Extensions Program:

CPCC / LEAD Students learn skills for independent living, successful employment, and participation in their community. 704-330-6125
<https://www.cpcc.edu/programs/independence-and-literacy-education-adults-disabilities-i-lead>



Nevins offers CPCC classes on their site as well as activities (art/music) when they conclude class
<http://nevinsinc.org/education-programs/>



Extensions Program or OCS:

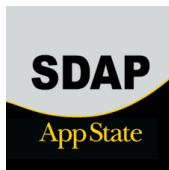
Western Carolina University: UP Program
<https://www.wcu.edu/learn/departments-schools-colleges/ceap/stl/special-education-programs/university-participant-up-program/index.aspx>



Winthrop: Think College
<https://www.winthrop.edu/coe/thinkcollege/>



Appalachian State University: Scholars with Diverse Abilities
<https://sdap.appstate.edu/>



ClemsonLIFE
<https://www.clemson.edu/education/research/programs/culife/index.html>

